

# Snowshoe Adventure Checklist

## 1. **Gear:**

- Snowshoes
- Boots
- Trekking poles

## 2. **Clothing:**

***Avoid cotton and denim – they absorb moisture***

- Long Underwear (tops and bottoms)
- Mid Layer
  - Pants (leggings or similar)
  - T-shirt
- Snow Pants
- Winter Jacket

## 3. **Accessories:**

- Hat
- Winter gloves
- Scarf
- Face Mask
- Goggles or Sunglasses
- Backpack

## 4. **Extras:**

- Water
- Snacks
- Chapstick
- Sunscreen
- Small first aid kit
- Compass
- Flashlight or Headlamp
- Pocket knife
- Whistle
- Matches or lighter
- Camera
  - Selfie Stick!